

GROCERIES

produce

- 1 head garlic
- 12 oz. spinach

dairy

- 8 oz. cream cheese
- 4 oz. parmesan cheese
- 4 oz. fontina cheese
- milk
- butter

pantry

- Flour
- 1 can of artichoke hearts in water
- Italian seasoning
- salt and pepper

meat

- 1 lb. chicken breast
- 1 pound bacon